



CAMPS ON TRACKS

ESTD 2011

Camps on TRACKS - Small Group Training

Before starting this training, we recommend you to read through the Small Group Training and prepare any activities in advance.

You will need:

- *6-8 pictures of different animals*
- *Similarities and Differences Resource (found in Counsellors Resources on our website)*
- *Writing utensils and paper for all participants*

When completing this training in a small group, you will come across discussion questions and activities. When completing these, split yourself up in groups of 2-4 and discuss them amongst yourselves.

We recommend having a copy of this document open when completing the online training to follow along.

Section 1: What is Camps on TRACKS?

Complete: TRACKS Introduction – Lesson 1

What is Camps on TRACKS? - Lesson 2

Stop and Discuss:

In your small groups, think about the questions below, discuss some of your thoughts, and then click/tap on the card to flip it over for some examples.

How might TRACKS help a camper who is shy?

How might TRACKS help a camper who is normally outgoing but is having a bad day?

How might TRACKS help a typical camper throughout the summer?

Case Study: An Introduction – Lesson 3

Stop and Discuss:

Read through the introduction to Marcus. Discuss campers from previous years that have been at your camp with a disability or social challenge. What did this camper struggle with? What were some of the strengths of this camper? How did you accommodate and include them within the group?

The Adult-Mediated Approach – Lesson 4

Stop and Discuss:

Discuss the questions in the 'Stop and Think' section

The Peer-Mediated Approach – Lesson 5

Stop and Discuss:

Discuss how the interactions from Lesson 4 would have been different if you used a peer-mediated approach.



What might you do if a peer is visibly uncomfortable approaching a camper?
View the examples in the training.

Complete: Case Study: Making Friends - Lesson 6
Complete: Section 1 Review/Quiz as a small group.

Section 2: Camper Awareness

Complete: Camper Awareness – Introduction – Lesson 8
Complete: Components of Camper Awareness – Lesson 9

Day one – Similarities and Differences – Lesson 10

After watching the video Similarities and Differences, complete the activity below.

It's time to play a game! Take out the resource Where Do I Belong? Place pictures of animals around the room and read the instructions listed on the resource.

Complete the activity with debrief and return to Lesson 10 by discussing the question in the training.

Day one – How to Increase Camper Awareness – Lesson 11

Stop and Discuss:

In your small groups, discuss what stereotypes and stigmas children using a wheel chair might have towards them? Do you have any past experiences with this? What about a camper is diagnosed with Autism Spectrum Disorder? Discuss between groups and read the examples provided in the training.

Play the audio clip included in the training below the Specialized Games video. Complete the activity and debrief according to the instructions in the next lesson.

Complete: Debrief Instructions – Lesson 12
Complete: Case Study: Feeling Misunderstood – Lesson 13
Complete: Section 2 Review/Quiz as a small group.



Section 3: Teaching TRACKS

Complete: Teaching TRACKS – Introduction – Lesson 15

Complete: Teaching TRACKS – Lesson 16

Teaching Considerations – Lesson 17

Stop and Discuss:

Discuss the questions in the ‘Stop and Think’ section

How would you vary your TRACKS introduction if you had a group of 10-14 year old boys at a hockey camp versus a group of 5-8 year old children at a drama camp?

Complete: Case Study: Learning New Things – Lesson 18

Complete: Section 3 Review/Quiz – Lesson 19

Section 4: Prompting Through Peers

Complete: Prompting Through Peers – Introduction – Lesson 20

How to Prompt Through Peers (PTP) – Lesson 21

Stop and Discuss:

What prompts have you used in the past?

What sort of prompts would you give a 6 year old peer?

What about a 13 year old peer?

Discuss in your group what struggles you might encounter using this strategy. How can you overcome these challenges?

Complete: Challenging Behaviours – Lesson 22

Complete: Case Study: I Love Camp!

Complete: Section 4 Review/Quiz in a small group.

Section 5: Reward Systems - Introduction

Complete: Reward Systems – Introduction – Lesson 25



Reward Systems – Lesson 26

Stop and Discuss:

- Have you used reward systems in the past?
- What did you use?
- What success and challenges did you face with them?

How else can you reward TRACKS during these events?

What trips and outings does your camp plan for the summer? How can you transfer the reward system to these environments?

Implementing Reward Systems – Lesson 27

Stop and Discuss:

What might happen if you don't reward campers and peers frequently enough through the week for demonstrating tracks skills? After your discussion read the examples found in the training.

Complete: Case Study: Getting Stickers – Lesson 28

Complete: Section 5 Review/Quiz in a small group.

Conclusion

Complete: Conclusion – Lesson 30

Complete: Summary – Lesson 31

Complete: Final Quiz as a small group.

After Completing Training and Final Quiz

At this point you should have a clear understanding of what TRACKS is and how to implement it at your camp. Make sure you check out our Resources and Materials on the Camps on TRACKS Training homepage.



To get every member of your small group's certificate, please email info@campsontracks.com with your names, date of completion and the name of the account that this quiz was completed with.

Thanks for taking our small group training! We would love to hear from you. If you have any questions, comments or concerns, feel free to contact your Camps on TRACKS team at info@campsontracks.com

